All students will be offered 5 components at lunch: meat/protein, bread/grain, fruit, vegetables, and milk. Students **must** select a ½ cup serving of fruit or vegetable and two other components for lunch. Students may take all 5 components.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Did you know? The world's tallest snowman (snow- woman) was built in 2008 in Maine, USA! It took 13,000,000 pounds of snow and was 122 feet tall! They even used trees for its arms!
		1 Corn Dogs Yogurt & Graham Crackers Celery Grapes Ranch Dressing	2 Green Chili Chicken Enchilada Yogurt & Graham Crackers Broccoli w/Carrots Orange Wedges Salsa Ranch Dressing	3 Burger Buddies Yogurt & Graham Crackers Mixed Vegetables Craisins Ranch Dressing Catsup Mustard	
6 Macaroni & Cheese Yogurt & Graham Crackers Carrot Nibblets Apples Ranch Dressing	7 Turkey Tacos w/Cheese Yogurt & Graham Crackers Celery Grapes Ranch Dressing Salsa	8 Popcorn Chicken w/Belly Bears Yogurt & Graham Crackers Carrots Banana Ranch Dressing	9 Chicken Tamale in Green Sauce Yogurt & Graham Crackers Broccoli Strawberries Ranch Dressing	10 Deluxe Nachos Yogurt & Graham Crackers Carrots Craisins	
13 Meatballs w/Dinner Roll Yogurt & Graham Crackers Carrots Apple Slices Ranch Dressing Salsa	14 Orange Chicken w/Oriental Rice Yogurt & Graham Crackers Celery Grapes Catsup	15 Combo Burrito Yogurt & Graham Crackers Broccoli Blueberries Salsa	16 Turkey Gravy w/Mashed Potatoes & Roll Yogurt & Graham Crackers Carrots w/Celery Craisins	17 *Pizza Hut Pepperoni Pizza Yogurt & Graham Crackers Carrots Pineapple Ranch Dressing	

WINTER BREAK: DECEMBER 20 – JANUARY 10, 2022



Menu subject to change without notice

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.